

FEBRUARY

2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Instant Pot Chicken Breast	2 Steak Bites and Potatoes	3 Easy Lasagna	4 Strawberry Milk
5	6 Slow Cooker Pot Roast	7 Vegetable Soup	8 Baked Chicken Caprese	9 Air Fryer Quesadillas	10 Garlic Parmesan Orzo	11 Easy French Toast
12	13 Slow Cooker Creamy Tomato Basil Chicken	14 Air Fryer Steak	15 Ham and Potato Soup	16 Marry Me Chicken	17 Vegetarian Chili	18 Breakfast Tacos
19	20 Slow Cooker Beef Barley Soup	21 Instant Pot White Chicken Chili	22 Easy Creamy Shrimp Pasta	23 Sweet and Sour Pork	24 Air Fryer Egg Rolls	25 Ricotta Waffles
26	27 Slow Cooker Chicken Breast	28 Sausage Potato Soup				