

AUGUST

2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Honey 1 Balsamic Crock Pot Chicken Thighs	2 Taco Casserole	3 Easy Caprese Salad	4 Air Fryer Baked Potato	5 Grilled Hawaiian Pork Chops	6 Easy Ham Quiche
7	8 Slow Cooker Mongolian Beef	9 Pesto Pasta Salad	10 Grilled Salmon	11 Instant Pot Salsa Chicken	12 Air Fryer Pork Tenderloin	13 Blueberry Banana Bread
14	15 Slow Cooker BBQ Ribs	16 Butter Garlic Steak Packets	17 Vegetable Lo Mein	18 Mango and Shrimp Salad	19 Taco Pizza	20 Cinnamon Roll Bites
21	22 Slow Cooker Baked Ziti	23 Grilled Turkey Burgers	24 Instant Pot Pork Chops	25 Air Fryer Chicken Wings	26 Greek Salmon Salad Bowls	27 Baked Apples
28	29 Slow Cooker Hamburger Helper	30 BBQ Chicken	31 Cabbage Soup			