JUJE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Air Fryer Chicken Tenders	Sun Dried Tomato Pasta	Ground Beef Tacos	Tropical Smoothie
5	Slow 6 Cooker Shredded Chicken	Air Fryer Hot Dogs	Antipasto Salad	Easy Gumbo Recipe	Chicken Bacon Ranch Pasta	Instant 11 Pot Oatmeal
12	Crock Pot Mac and Cheese	Sticky 14 Asian Chicken	Dorito Taco Salad	Grilled 16 Turkey Burgers	Air Fryer Pork Tenderloin	Blueberry Smoothie
19	20 Italian Beef	Easy 21 Roasted Tomato Soup	Whole ₃₀ 22 Creamy Garlic Salmon	Italian 23 Chicken Tortellini Skillet	Pineapple Steak	Easy Tater 25 Tot Breakfast Casserole
26	Stuffed Pepper Soup	Sweet & 28 Spicy Coconut Grilled Chicken	One Pot 29 Caprese Chicken and Rice	Sloppy 30 Joe Pasta		