

MAY

2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Crockpot Tuscan Chicken ²	Grilled Shrimp Kabobs ³	Quick and Easy Carne Asada ⁴	Air Fryer Burgers ⁵	Pizza Casserole ⁶	Easy Frappe Recipe ⁷
8	Slow Cooker BBQ Chicken ⁹	Smash Burgers ¹⁰	Frito Pie ¹¹	Blueberry Broccoli Spinach Salad ¹²	Grilled Chicken Thighs ¹³	How To Make A Smoothie ¹⁴
15	Crockpot Pulled Pork ¹⁶	Mexican Black Bean Quinoa Salad ¹⁷	Instant Pot Potato Corn Chowder ¹⁸	BBQ Chicken Salad ¹⁹	Jalapeno Popper Pizza ²⁰	Easy Ham Quiche ²¹
22	Easy Slow Cooker BBQ Ribs ²³	Air Fryer Cheeseburger Egg Rolls ²⁴	Chicken Broccoli Alfredo ²⁵	20 Minute Creamy Tomato Soup ²⁶	Firecracker Shrimp ²⁷	Cherry Cheesecake Crepes ²⁸
29	Lightened Up Slow Cooker Cheeseburger Soup ³⁰	Steak Kabobs ³¹				