

AUGUST

2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Slow Cooker ² Chicken Tacos	Grilled ³ Shrimp Kabobs	Spicy ⁴ Pork Lettuce Wraps	Air ⁵ Fryer Burgers	Corn and ⁶ Peach Salad with Prosciutto	Easy ⁷ Frappe Recipe
8	Crock Pot ⁹ Mac and Cheese	Instant ¹⁰ Pot Goulash	Greek ¹¹ Lamb Burger	Blueberry ¹² Broccoli Spinach Salad	Grilled ¹³ Chicken Thighs	Brioche ¹⁴ Bun Recipe
15	Slow Cooker ¹⁶ Chicken and Rice	One Pot ¹⁷ Sausage, Tomato, Pesto Pasta	Air ¹⁸ Fryer Meatballs	BBQ ¹⁹ Chicken Salad	Sheet Pan ²⁰ Quesadillas	Healthy ²¹ Strawberry Smoothie
22	Slow ²³ Cooker Beef Barley Soup	Potato ²⁴ Leek Soup	Grilled ²⁵ Shrimp Salad	Instant ²⁶ Pot Risotto	Pan Fried ²⁷ Chicken Breast	Breakfast ²⁸ Skillet 6 ingredients!
29	Crock Pot ³⁰ Pulled Pork	Shrimp ³¹ Ramen Salad				