

OCTOBER

2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Easy Homemade Hamburger Helper 1	Sheet Pan Perogies and Sausage 2	Cinnamon Apple Bread 3
4	Crockpot Mac and Cheese 5	Sheet Pan Mini Meatloaf and Potatoes 6	Shrimp Fried Rice 7	One Pot Caprese Chicken and Rice 8	Instant Pot Vegetable Soup 9	Creamy Fruit Salad 10
11	Crockpot Potato Soup 12	Spaghetti Squash Lasagna 13	Easy Instant Pot Risotto 14	One Pot Chicken Fajita Pasta 15	Pork and Sweet Potato Hash 16	Cinnamon Roll Bites 17
18	Beef Barley Soup 19	Sheet Pan Chicken Fajitas 20	Three Cheese Manicotti Recipe 21	Homemade Fish Sticks 22	Jalapeno Popper Pizza 23	Brown Sugar Glazed Apple Cinnamon Baked Donuts 24
25	Slow Cooker Chicken Noodle Soup 26	Parmesan Crusted Pork Chops 27	Taco Beef & Potato Skillet 28	Slow Roasted Salmon 29	Turkey Tetrazzini 30	Baked Overnight Pumpkin French Toast 31