

# NOVEMBER

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Chicken Alfredo Bake	2 Overnight Caramel French Toast
3	4 Honey Balsamic Crock Pot Chicken Thighs	5 Honey Lime Air Fryer Shrimp	6 Instant Pot Ham with Pineapple Glaze	7 Easy Minestrone Soup	8 Easy Skillet Lasagna	9 Instant Pot Oatmeal
10	11 Crockpot Potato Soup	12 Instant Pot Swedish Meatballs	13 Sweet and Sour Pork	14 Caprese Chicken and Potatoes	15 Vegetarian Pumpkin Chili	16 Prep Ahead Yogurt Parfaits
17	18 Slow Cooker Balsamic Cherry Glazed Ham	19 Autumn Cobb Salad	20 One Pot Beef and Tomato Macaroni Soup	21 Cashew Chicken Stir-Fry	22 Easy Roasted Pork Tenderloin	23 Easy Ham Quiche
24	25 Easy Spiral Ham with Apple Cider	26 Quick and Easy Pizza Doup	27 Instant Pot BBQ Chicken	28 One Pot Turkey Tetrazzini Soup	29 Red and White Skillet Pasta	30 Baked Overnight Pumpkin French Toast