

September

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Easy Slow Cooker BBQ Ribs 2	Chicken Taco Salad 3	Grilled Shrimp 4	Easy Pizza Pinwheels 5	Roasted Tomato Pesto Pasta 6	Slow Cooker Oatmeal 7
8	Healthier Slow Cooker Spaghetti 9	Easy Orange Chicken 10	Fajita Steak Kabobs 11	One Pot Pepperoni Pizza Mac & Cheese 12	Greek Salmon Salad Bowls 13	Blueberry Coffee Cake 14
15	Slow Cooker Parmesan Chicken Stew 16	Zucchini Lasagna 17	Cheeseburger Casserole with Potatoes 18	Honey Walnut Shrimp 19	Easy Instant Pot Ribs 20	Apple Crisp Pancakes 21
22	Slow Cooker Baked Ziti 23	Chicken Parmesan Foil Packets 24	Thai Peanut Steak Salad 25	Instant Pot Chili Mac 26	Roasted Tomato Basil Soup 27	Banana Chocolate Chip Muffins 28
29	Slow Cooker Italian Chicken Sandwiches 30					