

JULY

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Crockpot Chicken Wings ¹	Turkey Stuffed Peppers ²	Grilled Steak Kabobs ³	Cajun Shrimp Pasta ⁴	Easy Stromboli ⁵	Strawberry Banana Smoothie ⁶
7	Slow Cooker Pot Roast with Best Gravy ⁸	Easy Grilled Veggie Skewers ⁹	Instant Pot Chicken Alfredo Pasta ¹⁰	Grilled Turkey Burgers ¹¹	Stuffed Crust Sausage Pizza ¹²	Grilled French Toast with Strawberries ¹³
14	Sweet and Sour Crockpot Meatballs ¹⁵	Grilled Pork Chops ¹⁶	Honey Garlic Chicken Foil Packets ¹⁷	Portabella Mushroom Burgers ¹⁸	Taco Lasagna ¹⁹	The Best Cinnamon Buns ²⁰
21	Slow Cooker Mongolian Beef ²²	Hawaiian Ham and Pineapple Skewers ²³	Potato Corn Chowder ²⁴	Instant Pot Italian Chicken Pasta ²⁵	Easy Salmon Patties ²⁶	Rainbow Bagel Fruit Pizza ²⁷
28	Slow Cooker BBQ Ribs ²⁹	Honey Garlic Chicken Thighs ³⁰	Garlic Roasted Vegetable Pasta ³¹			