

JUNE

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Mini Frittata Muffins 1
2	Healthier 3 Slow Cooker Hamburger Helper	Baked 4 Pork Chops	Black 5 Bean Enchiladas	Instant 6 Pot BBQ Chicken	One 7 Pot Pasta Primavera	Cannoli Crepes 8
9	Slow 10 Cooker Chicken Breast	Taco 11 and Potato Skillet	Instant 12 Pot Pulled Pork	Grilled 13 Tuna Kebabs	Quick 14 and Easy Pizza Dough	Healthy 15 Strawberry Smoothie
16	Slow Cooker 17 Pineapple Brown Sugar Meatballs	Italian 18 Chicken Tortellini Skillet	Caprese 19 Pasta Salad	Spicy 20 Korean Pork Bowls	Grilled 21 Cheeseburger Pizza	Ricotta Waffles 22
23/30	Crockpot 24 Vegetable Beef Soup	Instant Pot 25 Taco Cheesy Taco Pasta	Creamy 26 Dijon Pork Chops	Chicken 27 Cordon Bleu Foil Packets	Creamy 28 Garlic Parmesan Risotto	Baked 29 Lemon Blueberry Donuts