

# CROCKPOT CHICKEN AND NOODLES



COURSE: MAIN COURSE CUISINE: AMERICAN

PREP TIME: 10 MINUTES COOK TIME: 4 HOURS

TOTAL TIME: 4 HOURS 10 MINUTES SERVINGS: 4 SERVINGS

CALORIES: 258CAL AUTHOR: [ASHLEY FEHR](#)



This Crockpot Chicken and Noodles recipe is an easy crockpot chicken recipe that will please the whole family! So easy and so creamy (but NO cream of chicken soups!).

## INGREDIENTS

- 2 cups low sodium chicken broth
- 2 tablespoons corn starch
- 2 boneless skinless chicken breasts
- 1 teaspoon dried parsley
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 teaspoon garlic powder
- 3 cups extra wide egg noodles
- 1/2 cup half and half

## INSTRUCTIONS

1. Whisk together broth and corn starch. Add chicken breasts, broth, parsley, salt, pepper and garlic powder to a 2.5-4 quart crockpot. Cover and cook on low for 3.5-4 hours.
2. Optional: Turn crockpot to high and cook for 20-30 minutes (this increases the temperature to cook the pasta).
3. Remove the chicken from the crockpot and stir in the half and half and noodles. Cover and cook on high for about 10 minutes. Stir and continue cooking until al dente (about 15-20 minutes total).
4. Dice or shred the chicken. Stir in the chicken and serve.

## NOTES

\*This recipe has been updated since the video was made. The recipe as written is correct.

## NUTRITION

Calories: 258cal | Carbohydrates: 28g | Protein: 19g | Fat: 7g | Saturated Fat: 3g | Cholesterol: 73mg | Sodium: 411mg | Potassium: 426mg | Fiber: 1g | Vitamin A: 145IU | Vitamin C: 1mg | Calcium: 50mg | Iron: 1mg