

# SEPTEMBER

2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Crispy Sriracha Buttermilk Chicken	2 Fruit Explosion Muffins
3	4 Slow Cooker Hawaiian Chicken Rice Bowls	5 Quinoa Corn Chowder	6 Creamy Chipotle and Italian Sausage Lasagna	7 Pesto Zucchini Noddles with Shrimp	8 Southwestern Chicken Pizza Rolls	9 Lemon Blueberry Cream Cheese Coffee Cake
10	11 Slow Cooker Salsa Verde Honey Lime Chicken	12 Honey Garlic Salmon	13 One Pot Beef and Tomato Macaroni Soup	14 Hawaiian Ham and Pineapple Sliders	15 Cheesy Pesto Pasta	16 PB&J Buns
17	18 Slow Cooker Mongolian Beef	19 Creamy Perogie Dinner	20 BBQ Chicken Pasta	21 Quinoa and Vegetable Stew	22 Mexican Black Bean Pizza	23 Double Chocolate Monkey Bread
24	25 Slow Cooker BBQ Chicken Chili Mac	26 Tortellini Soup Recipe	27 Taco Beef & Potato Skillet Dinner	28 One-Pot Mango Chili Chicken Noodles	29 Grilled Mushroom Pizza	30 Baked Maple Glazed Apple Crisp Donuts