

OCTOBER

2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Slow Cooker Italian Chicken Sandwiches	3 10 Minute BBQ Ham Sandwiches	4 Cheesy Kielbasa Pasta Casserole	5 Maple Ginger Beef	6 Turkey Tetrazzini Soup	7 Baked Overnight Pumpkin French Toast
8	9 Slow Cooker Philly Cheesesteak Potato Chowder	10 Honey Lemon Chicken and Potato Skillet	11 Korean Beef Bowls	12 Pork and Sweet Potato Hash	13 Creamy Chipotle and Italian Sausage Lasagna	14 Apple Crisp Pancakes
15	16 Slow Cooker French Onion Soup	17 Lighter Broccoli Beef	18 Lemon Butter Grouper Fish Tacos	19 Mexican Shepard's Pie	20 One Pot Baked Ziti with Italian Sausage	21 Overnight French Toast with Apples, Apricots and Cranberries
22	23 Slow Cooker Sweet and Sour Chicken	24 Chicken Bacon Rice Soup	25 BBQ Chilli Cheese Biscuit Casserole	26 Honey Sesame Pork Tenderloin	27 Pepperoni Florentine Pizza	28 Pumpkin Chocolate Chip Baked Oatmeal Cups
29	30 Slow Cooker Beef and Lentil BBQ Sloppy Joes	31 Easy Pepperoni Pizza Lasagna Roll Ups				